



# Coping with Emergencies

## personal health data

### Family Health Information

During a crisis, it may be necessary to get health care away from home, in a place where your medical records are not available. Use the worksheet below to record important information about each member of your family.

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FAMILY MEMBER	BLOOD TYPE	ALLERGIES	PAST/CURRENT MEDICAL CONDITIONS	CURRENT MEDICATIONS/DOSAGES	IMMUNIZATION RECORD